

INTRODUCTION TO BUDDHISM

An 8 week course starting

7pm Monday 24th September 2018

- 24th September** Pre Buddhist India
- 1st October** The Life of the Buddha
The Spread of Buddhism
- 8th October** Sources of knowledge (Pāli Canon.)
Investigating the teachings (Kālāma Sutta)
The Buddha's Charter of Free Enquiry
- 15th October** The First & Second Noble Truth
- 22nd October** The Third & Fourth Noble Truth
- 29th October** The Law of Kamma
Natural laws, Process of Cognition
- 5th November** The Wheel of Life (Paticca Samuppāda)
The Three Characteristics of Existence
- 12th November** The Goals and Methods of Meditation (Bhāvanā)

Tutor: Julian Wall

Location: London Buddhist Vihara

How to join: Enrol at the class on first day of attendance.

Fees: Free (donations are welcome)