

INTRODUCTION TO BUDDHISM

An 8 week course starting

7pm Monday 23rd January 2017

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| 23rd January | Pre Buddhist India |
| 30th January | The Life of the Buddha
The Spread of Buddhism |
| 6th February | Sources of knowledge (Pāli Canon.)
Investigating the teachings (Kālāma Sutta)
The Buddha's Charter of Free Enquiry |
| 13th February | The First & Second Noble Truth |
| 20th February | The Third & Fourth Noble Truth |
| 27th February | The Law of Kamma
Natural laws, Process of Cognition |
| 6th March | The Wheel of Life (Paticca Samuppāda)
The Three Characteristics of Existence |
| 13th March | The Goals and Methods of Meditation (Bhāvanā) |

Tutor: Julian Wall

Location: London Buddhist Vihara

How to join: Enrol at the class on first day of attendance.

Fees: Free (donations are welcome)